



Step Up Training and Care

From Training to Caring, we deliver excellence

Qualification Name	Level 3 Diploma in Care
Qualification achieved	ICQ Level 3 Diploma in Adult Care (England) 610/2985/3

Step Up Training and Care have been reviewed by the QACLS (Quality Assured Care Learning Service) for delivery of this qualification. This service from the Department of Health and Social Care will review the quality of individual courses and qualifications delivered by training providers to ensure that training and development is of good quality, easily accessible, meets the needs of the workforce and users of care services. We have met all these standards and therefore proud to be approved to display the QACLS logo against this qualification.



Qualification Structure

This qualification is assessed by building a portfolio of evidence under the guidance of a personal assessor assigned to help and support the learner.

The learner will dictate the pace of the qualification to fit around work and lifestyle commitments, however we do expect a learner to complete within 12 months of enrolment.

The learner will research and undertake assignments as a distance learning qualification.

Evidence may be submitted in a number of ways including
Telephone discussions
Written Submissions usually sent by email
Electronic completion of a E-portfolio

There will be an observation of the learner in practice arranged by the assessor at a convenient time to suit the learner and care setting.

There are no exams required to achieve the qualification

Qualification Duration

The total qualification time for this qualification is 580 hours and of this 440 are recommended as guided learning hours. This equates to approximately 6 months however the timescale is

dependent on a learner being fully engaged in their studies and submitting evidence back to their assessor usually on a weekly basis.

Costs

This course is £835

If you are an employer and seeking your employee(s) to undertake this qualification, please note this qualification attracts funding from government pathways. The funding is delivered through the Learning and Development Support Scheme (LDSS) offered by the Department of Health and Social Care (DHSC). Employers make this claim on behalf of the employee; the LDSS scheme cannot and will not accept any claims from an individual. Step Up Training and Care cannot make the claim on behalf of any individual or employer, details of the scheme can be found here [Learning and Development Support Scheme for the adult social care workforce: a guide for employers - GOV.UK](#)

The rules for this scheme state employers pay an initial 60% of the qualification cost to Step up Training and Care, they then claim that outlay back from the LDSS scheme. Then upon completion and certification of studies the remaining 40% is paid to Step Up Training and Care and then claimed back from the LDSS scheme.

Individuals looking to undertake this qualification and paying for this personally will be offered options on how to pay for this course, including payments in full on registration or payment via a mutually agreed instalment plan. Individuals paying personally will not qualify for any funding reimbursements.

Who can enrol for this course?

Must be aged 16+.

Entry requirements

There are no prerequisites for this qualification, however It is advised that learners have a minimum of Level 2 in literacy or numeracy or equivalent.

Who is this qualification suitable for?

The objective of this qualification is to support a role in the workplace, such as lead adult care workers and lead personal assistants. This qualification forms the competence requirements for those learners working in adult care settings at level 3.

The content of the qualification covers core content that applies to the adult social care sector with a variety of optional units covering additional knowledge and skills applicable to learners in level 3 roles. Learners may also wish to select units in leadership skills and/or knowledge as part of this qualification.

The content is appropriate for roles such as

- Carers who have already been in their role for a while.
- The qualification can be undertaken alone but links with the knowledge and skills required for the Standard Lead Adult Care Worker.
- It is applicable to a variety of job roles including below lead adult care worker and lead personal assistant.

The qualification develops the knowledge, skills and competence of learners working in a wide range of roles in a health and social care setting.

Learners must be in paid or voluntary work to enable assessment to take place. The purpose of the qualification is to support a role in the workplace and to enable learners to progress to a higher level qualification in the same subject area.

Certification
Upon successful completion of this qualification, you will be issued with a hard copy of your certificate.
Enrolment
Full details of how to enrol on this qualification can be found on our website, under the section Enrolment.

Module Content
<p>To achieve the Highfield Level 3 Diploma in Adult Care (RQF), learners must complete the following:</p> <ul style="list-style-type: none"> • all units contained within the mandatory group • a minimum of 19 credits from the optional unit groups <p>Mandatory Units are:</p> <p>D/650/5075 Promote person-centred practice, choice and independence in adult care settings F/650/5020 Promote effective communication in adult care settings F/650/5076 Understanding duty of care H/650/5021 Promote own continuous personal and professional development H/650/5077 Understand how to safeguard individuals in adult care settings J/650/5022 Promote equality, diversity, inclusion and human rights in care settings J/650/5078 Understand how to promote own personal wellbeing K/650/5079 Support the health and wellbeing of individuals in an adult care setting M/650/5142 Understanding mental capacity and restrictive practices R/650/5017 Infection prevention and control in an adult care setting R/650/5080 Responsibilities and ways of working of an adult care worker T/650/5018 Handling information in adult care Y/650/5019 Promote and implement health and safety practices in adult care settings</p> <p>Group B Optional Units are:</p> <p>A/650/5146 Contribute to quality assurance in adult care A/650/5209 Implementing the knowledge, skills and behaviours expected of a lead adult care worker A/650/5218 Preparing for and carrying out extended feeding techniques A/650/5461 Providing support to individuals to continue recommended therapies A/650/5821 Understanding mental health conditions A/650/5920 Using supervision skills to develop and support others D/650/5147 Administering medication to individuals and monitoring the effects D/650/5219 Mentoring and coaching in adult social care D/650/5462 Providing support for individuals with sensory loss D/650/5570 Supporting positive risk taking for individuals in adult care D/650/5642 Understand the impact of acquired brain injury on individuals in adult care D/650/5822 Understanding end of life care D/650/5912 Understanding positive behaviour support in adult care D/650/5921 Undertaking tissue viability risk assessments F/650/5463 Support with administering oral nutritional products to individuals F/650/5571 Supporting person-centred thinking and planning in adult care F/650/5643 Understand how to support the induction process within adult care F/650/5913 Undertaking agreed pressure area care H/650/5210 Enabling individuals to meet personal care needs H/650/5464 Supporting individuals during a period of change H/650/5572 Supporting individuals with specific communication needs H/650/5644 Understand how to support individuals with autism spectrum condition (ASC)</p>

H/650/5914 Understanding the promotion of health and wellbeing to support individuals in adult care

J/650/5211 Enabling individuals to develop strategies to manage their behaviour

J/650/5220 Leading the support for individuals to manage pain and discomfort

J/650/5465 Supporting independence in the tasks of daily living

J/650/5645 Understand adult social care regulation, inspection and quality improvement

J/650/5843 Understanding long-term health conditions and frailty

J/650/5915 Understanding the principles of advocacy

K/650/5212 Promote innovation and change within own organisation

K/650/5221 Leading a team within adult care

K/650/5457 Provide support to individuals living with dementia

K/650/5466 Supporting individuals to access and manage direct payments

K/650/5637 Supporting the spiritual wellbeing of individuals in adult care

K/650/5646 Supporting urinary continence management and catheter care

K/650/5844 Understanding diabetes

K/650/5916 Understanding the process and experience of dementia

L/650/5213 Promote mental wellbeing and mental health with individuals in adult care

L/650/5458 Support individuals to maintain good oral health in adult care

L/650/5467 Supporting individuals at the end of life

L/650/5917 Understanding the context of supporting individuals with learning disabilities

M/650/5214 Promoting positive behaviour in adult care

M/650/5459 Providing support for leisure activities

M/650/5468 Supporting healthy relationships

M/650/5567 Supporting individuals with nutrition and hydration

M/650/5819 Understanding advance care planning

M/650/5918 Undertaking physiological measurements

R/650/5143 Contribute to recruitment and selection in adult care

R/650/5206 Develop, implement and review reablement plans with individuals

R/650/5215 Promoting continence management

R/650/5568 Supporting individuals with stoma care

R/650/5919 Undertaking treatments and dressings of lesions and wounds

T/650/5144 Carry out assessments to identify the needs of substance users

T/650/5207 Introduction to leadership and management within adult care

T/650/5216 Lead learning and development within adult care

T/650/5569 Supporting the assessment of individuals with sensory loss

T/650/5839 Understanding physical disability

Y/650/5145 Contribute to supporting the use of assistive technology in adult care

Y/650/5208 Lead in the moving and positioning of individuals in accordance with their plan of care

Y/650/5217 Obtaining and testing specimens from individuals

Y/650/5460 Support individuals with Parkinson's disease